

February 22, 2022

**Olympus Certified as a 2022 Sports Yell Company  
by the Japan Sports Agency**

For the second year in a row, Olympus Corporation ("Olympus" – Director, Representative Executive Officer, President and CEO: Yasuo Takeuchi) has been certified as a "Sports Yell Company" by the Japan Sports Agency for being a company that is actively involved in promoting and supporting sports activities to improve the health of its employees. In particular, Olympus was commended for its efforts to ensure the health of its employees, including initiatives to address a lack of exercise resulting from the COVID-19 pandemic.



[Sports Yell Company 2022 Logo]

▪ **Key examples of Olympus initiatives for improving employee health**

**1. Online exercise seminars**

Online seminars held (once a week, total of six sessions). Each 15 minutes training session is designed to be easily done at home, including improvement of lower back pain, upper and lower body, waist-reducing and fat-burning exercises. Seminars stream both live and on-demand so that employees can participate when it is convenient for them.

**2. Walking campaign**

Walking campaigns are held seasonally (four times a year in January, April, July, and October) in collaboration with Olympus' health insurance association. Employees sign up for each campaign and keep a record of their target number of steps and level of achievement during each campaign period. Those who reach their goal are awarded points which can be exchanged for the merchandise of their choice.

**3. Distribution of the *Get Healthier Newsletter*, health information for employees**

To encourage employees to lead healthy, vigorous lives, each month Olympus sends out via email the *Get Healthier Newsletter*, regularly providing health information as well as information on COVID-19 prevention and other topics.

▪ **About the Sports Yell Company Certification**

The “Sports Yell Company” program is a certification system of the Japan Sports Agency, which certifies companies that actively promote measures to improve employee health by encouraging and supporting sports activities. Certification has been conducted annually since 2017.

\*All company and product names appearing in this release are the trademarks or registered trademarks of the respective companies.

**About Olympus**

Olympus is passionate about creating customer-driven solutions for the medical, life sciences, and industrial equipment industries. For more than 100 years, Olympus has focused on making people’s lives healthier, safer and more fulfilling by helping to detect, prevent, and treat disease; furthering scientific research; and ensuring public safety.

Olympus is headquartered in Tokyo, Japan, with more than 30,000 employees worldwide in nearly 40 countries and regions. For more information, visit [www.olympus-global.com](http://www.olympus-global.com) and follow our global Twitter account: @Olympus\_Corp.